**Health App**

**4.04 Access Routine**

# Revision History

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| Date | **Revision #** | **Created By** | **Revision Notes** |
| 04/05/2023 | Initial Draft | Nishith Desai |  |
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# UC 4.04 Access Routine

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| Actor(s): | 1. Fitness Enthusiasts 2. Dietitian/Fitness Trainer |
| Short Description: | Fitness Enthusiasts can access routine designed for them by dietitians/fitness trainers. |
| Preconditions: | Actor is registered and logged into the System.  Actor must have subscribed to the coach. |
| Postconditions: | 1. The Actor can access the routine designed specifically for them by their chosen dietitian/fitness trainer.  2.The routine may include exercises, workouts, meal plans, nutritional guidance, and other relevant information that is tailored to the Actor’s fitness goals and needs.  3.The Actor can track their progress and receive feedback from their chosen dietitian/fitness trainer to help them achieve their fitness goals more effectively.  4.The Actor can modify or update their routine based on their changing needs and preferences, with the guidance and support of their chosen dietitian/fitness trainer. |
| Frequency of Use: | Daily |
| **Normal Flow of Events:** | |
| 1. Actor logs in to their account and clicks on ‘Coach’ button. **[JP1: CN, ET]** 2. The system displays the image, name, and description of the subscribed coach on screen. **[JP2: CN, DF In, ET]** 3. Actors click on the ‘Access Routine’ button to access their routine designed for actor which is available in database. **[JP3: CN, DF In]** 4. System displays the routine designed specifically for the actor from the database, which include ‘Exercise Routine’, ‘Nutrition Plan’ and other relevant information. **[JP4: PT, DF In]** 5. Actor can message for feedback and support required from their chosen dietitian/ fitness trainer from the same screen by entering text input and clicking on ‘Contact coach’ button. **[JP5: DF Out]** 6. System shows ‘Feedback submitted successfully’ message. **[JP6: DF In, CN, ExHL]** | |
| **Alternative Flows:** | |
| *If <condition>, from Step N perform A1. ” Flow Name”:*  A1: If the Actor is not satisfied with the routine or its results, from Step 4, the system performs "Routine Modification" flow.**:**   1. The actor clicks on the ‘Routine Modification’ button. 2. Actor can modify the routine by entering text if needed. 3. Actor clicks on ‘Submit Modification’ button. 4. The actor returns to the screen where routine is displayed. 5. Dietitian/fitness trainer modifies or updates the routine based on the Actor’s feedback and needs. | |
| **Exceptions:** | |
| If <condition>, from Step N perform A1. "Flow Name":  E1: If the Actor is unable to access their routine due to connectivity, from Step 3, the system performs "Connection Error" flow:   1. Actor gets the message by system ‘Connection Error. Please try again’.   E2: If the routine designed for actor is not present in database, from Step 4, the system performs "Data not available" flow:   1. The actor gets message on screen ‘Routine is not available’ and ‘Contact customer support for assistance’.   E3: If the message is not submitted successfully, from Step 5, the system performs "Feedback not submitted" flow:   1. Actor gets message on screen ‘Feedback not submitted. Please try again’. | |
| <<Include>> Relationships: | No |
| << Extend>> Relationships: | No |
| Business Rules: | The Health App must comply with relevant data protection laws and regulations to ensure the security and privacy of Actor data.  The Actor must agree to the terms and conditions of the Health App before registering and using the service.  The dietitian/fitness trainer must be registered and approved by the Health App before being available for selection by Actors. |
| Assumptions: | The Health App has Actor -friendly interface that allows Actor to navigate and access the routine designed by their chosen dietitian/fitness trainer easily.  The dietitian/fitness trainer is qualified and experienced in providing personalized fitness and nutrition advice to Actors.  The routine designed by the dietitian/fitness trainer is safe and appropriate for the Actor’s fitness level and health condition.  The Actor has access to the necessary equipment and facilities to perform the exercises and workouts included in their routine. |